ATHLETIC TRAINER

DEFINITION

To plan, coordinate and implement programs for injury prevention, evaluation, and rehabilitative treatment of athletes involved in inter-collegiate sports at the college; and to maintain and operate the campus training room facility.

SUPERVISION RECEIVED AND EXERCISED

- Receives supervision from a departmental supervisor or manager.
- May receive technical or functional supervision from higher-level departmental personnel.
- Provides training and direction to student assistants.

EXAMPLES OF DUTIES

Duties may include, but are not limited to, the following:

- Develops preventative, rehabilitative and emergency medical care programs for student athletes, under the direction of the team physician.
- Advises athletes and coaching staff on techniques related to injury prevention, care and conditioning.
- Provides initial physical evaluation to determine an appropriate injury rehabilitation plan; refers athletes to medical specialists for care.
- Responds to medical emergencies; administers CPR and emergency first aid and assists in determination of treatment level.
- Performs preventative taping, wrapping and padding of injured areas; consults with the athletic equipment staff as necessary concerning proper fit of protective athletic equipment.
- Arranges and assists team physician with the pre-participation physical examinations for potential student athletes, following established criteria.
- Organizes and maintains record-keeping system regarding athletic injuries, treatments, health insurance and physical examinations.
- Initiates purchasing requests for medical and athletic training equipment and supplies.
- Advises athletic director and coaching staff on the safety and condition of training room, practice and competition sites.
- Oversees and manages training facilities and ensures equipment is safe and in sanitary condition.
- Assists with the development of policies and procedures as well as establishes priorities to offer a highly organized and professional athletic training program.
- Schedules, supervises and directs student assistants when applicable.
- Travels with athletic teams to provide medical care of injured student athletes.
- Performs related duties as assigned.
ATHLETIC TRAINER

MINIMUM QUALIFICATIONS

Knowledge of:

- Catastrophic sports trauma management.
- Principles and techniques for the prevention, assessment, and rehabilitative care of sports-related injuries.
- First aid and CPR/AED.
- Athletic equipment used in training and competitive sports.
- Principles of physiology, kinesiology, and anatomy.
- Safety precautions and procedures for working with athletes.
- Medical clearance process for athletic participation.
- Principles and processes of book-keeping and records management.
- Medical diagnostics and physical therapy equipment.
- Use of therapeutic modalities.

Skill/Ability to:

- Plan, coordinate and implement a comprehensive athletic training and sports medicine program.
- Evaluate and assess the condition and progress of student athletes in therapeutic, rehabilitative and conditioning programs.
- Evaluate and treat a variety of athletic injuries using therapeutic devices.
- Administer first aid and injury rehabilitation.
- Train and provide work direction to student trainers.
- Act decisively in emergency situations.
- Communicate effectively, both orally and in writing.
- Exercise sound judgment, independently.
- Supervise student assistants as needed.
- Establish and maintain cooperative work relationships with those contacted in the performance of required duties.
- Demonstrate understanding of, sensitivity to, and respect for the diverse academic, socio-economic, race, ethnicity, gender identity, sexual orientation, age, mental or physical disability, and religious background of all students, faculty and staff, and with all individuals encountered in the performance of required duties.

EXPERIENCE AND TRAINING

- Three (3) years of experience as a Certified Athletic Trainer in a high school, intercollegiate, or professional athletic setting.

EDUCATION/LICENSE OR CERTIFICATE

- Possession of a Bachelor’s degree from an accredited college or university, with a major in sports medicine, kinesiology, physical therapy or related field, or the equivalent.
## ATHLETIC TRAINER

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<th>EEO Category</th>
<th>Represented Status</th>
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- Possession of, or ability to obtain, certification by the National Athletic Training Association.
- Possession of, or ability to obtain, an appropriate, valid California driver's license.
- Possession of, or ability to obtain, a CPR/AED and First Aid Certificate.

*Adopted: 07/01/17*