



Cold, flu, or COVID-19: Know the symptoms

Signs and symptoms	Cold	Flu	COVID-19
Symptom onset	Gradual	Sudden	2-14 days
Muscle and body aches	Slight	Common	Sometimes
Cough	Sometimes	Common	Common
Diarrhea	Rare	Sometimes	Sometimes
Fatigue, weakness	Sometimes	Common	Common
Fever over 100 degrees	Rare	Common	Common
Loss of taste or smell	Never	Never	Sometimes
Shortness of breath or difficulty breathing	Rare	Common	Common
Runny or stuffy nose	Common	Common	Rare
Sneezing	Common	Sometimes	Rare
Sore throat	Common	Common	Common
Headache	Rare	Common	Sometimes



Learn more about COVID-19 at kp.org/coronavirus. Visit kp.org/flu for information on flu symptoms and care and to find a flu shot location near you.

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